

A PERSON CENTRED APPROACH TO HEALTH ACTION PLANNING

The government's guidance on person centred planning and health action planning requires that a person centred approach is taken to health care delivery. A health action plan is an integral part of a person centred plan. This practical three day course teaches people how to integrate health action plans within person centred plans, or where person centred plans do not exist, how you can write a health action plan in a person centred way. This course will demystify health action planning and teach practical skills.

The course runs for two consecutive days with a follow up day several months later. After the first two days people will be expected to put what they have learned into practice. The third day focuses on problem solving and sharing what worked/did not work in putting this work into practice.

A person centred planning trainer and a senior nurse working for the Regional Development Team in the North West facilitate this course

What does this course cover?

- The context for Health Action Planning
- Share practical examples and stories
- Teach people how to write person centred health action plans that either 'stand alone' or as part of a person centred plan
- Use a person centred Health Action Plan to begin a person centred plan

Who is it for?

Practitioners responsible for delivering on health action planning and person centred planning. This may include;

- Person centred planning facilitators (Social Services or Provider Agencies)
- Community Nurses and other Health Practitioners
- Health Facilitators

What will people be able to do as a result of this course?

- Write a person centred Health Action Plan
- Fit existing person centred plans and Health Action Plans together
- Use a person centred Health Action Plan as a way of beginning a person centred plan

How much will this course cost?

The course is three days at £900 (for two facilitators) = £2700 + VAT + expenses (as outlined in our terms & conditions)

We can train 18 – 20 people on this course.