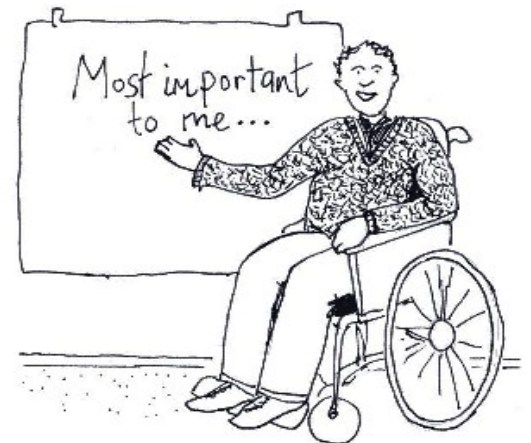




Supporting Person Centred Planning in the North West

Good research tells us what we already know! The person centred planning research by Lancashire University was the biggest study in the world on person centred planning. The research told us that by using person centred planning people had more choice, more people in their lives, more contact with their family, and more activities and therefore busier and better lives.



The research report suggested some important things to do

- 1) keep going and do more person centred planning
- 2) help services change as a result of person centred planning
- 3) help managers use person centred thinking tools and develop person centred teams
- 4) support facilitators, people who are leading their own plans, and families leading planning

To get a copy of the full report, or easy to read version please email Eric Emerson on eric.emerson@lancaster.ac.uk

To get a copy of a power point presentation on what this means for services please email me on helen@helensandersonassociates.co.uk

In the North West we are helping people to do this by getting together four times a year as the **Regional Person Centred Planning Group**. It is for people, their families, facilitators, person centred planning co-ordinators, people in task groups or implementation groups... anyone interested in person centred planning!

The dates and plans for this are

- **May 30th - Person Centred Reviews**

Person centred reviews are a way of developing more person centred and responsive services, and developing living descriptions of how



people want to live. These living descriptions can be developed into person centred plans. This will be led by Gill Bailey and Julie Bray from Helen Sanderson Associates

This event is free to people in the North West
Where? NWTDT office

- **July 13th - Self Advocates Leading Planning - What are we learning in the USA and UK?**



This is an exciting opportunity for everyone to learn with Pathfinders from California, USA, North West Listen to Me! and people talking about 'Hands Off My Plan!'. This event is free to people in the North West

Where? NWTDT office

- November - Support Planning: person centred planning with teeth?

Support Planning is a style of person centred planning that people can use when they have an individual budget, for example as part of In Control or the Individual Budget Pilot Programme.



Helen Sanderson and Michael Smull will share what we are learning about support planning, and different ways of developing them. They will introduce a new graphic process for support planning, and 'Planning Live! `.

Cost: to be decided

Where? to be decided

- February - an event with John O'Brien

As well as these regional events, we are supporting **person centred planning co-ordinators** to come together, share, problem solve and learn.



These days are coordinated by Gill Bailey. Please contact Gill for information on this. You can call Gill on 0797 0909463 or email her on gillianbailey32@hotmail.com.

There is a **national gathering** for all person centred planning co-ordinators on 18th and 19th September in Manchester. Please contact me if you are interested in a place:

helen@helensandersonassociates.co.uk