



# FAMILY SUPPORT PLAN

## EXAMPLES AND GUIDE



Burnley, Pendle & Rossendale  
Primary Care Trust



# FAMILY SUPPORT PLAN for:

*Jones Family*

Date: 22nd October 2004

We discussed this with the following people

*Kate Jones (mother)*

*John Jones (father)*

*Marion Smith (Grandmother)*

*Brenda Marsh (Midwife)*

*Anne Weeldon (Family Support Worker)*

*Michelle Simpson (Health Visitor)*

*Shannon, Chloe, and Jos Jones*

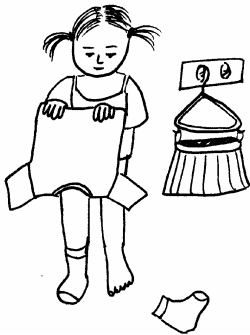
The following people also contributed, by writing a report

*James Brown (Social Worker)*

# FAMILY SUPPORT PLAN

Actions we are going to take with family and friends.

*"Talk to Elisabeth and Rosemary about Clare's room being private (and make sure that Clare respects their bedroom as private too!) If this is not enough, think about a note for Clare's bedroom. Mum to make sure this happens within 3 weeks."*



*"Mummy and Daddy to remember to give Milena plenty of time to complete tasks such as getting dressed/undressed, tidying up, etc. Hurrying Milena up or completing tasks for her upsets her unnecessarily. Milena needs to be enabled to recognise that Mummy and Daddy need to make some decisions for her to keep her safe."*

*"Mum, Dad, Grandma, Grandad, Uncle John and Aunty Joyce are going to meet together with Lee from the sure start programme to sort out how best to help Mum and Dad to get the children to nursery, and school on time"*

We have discussed the services that are available with the people who work with us. This is the support we want as a family, and individually

- *Grandma to look after the children when Dad takes Mum to hospital to have our new baby.*
- *Grandma to look after all the children when not in school*
- *Short term support from sure start family support worker to take Shannon and Chloe to school and to collect them afterwards.*
- *Continuing help at home from the Health Visitor and Midwife.*
- *Mum and Dad to attend Sure Start Parenting Programme.*
- *Jos to become toilet trained in order that he can use the local pre school club*
- *Jos to attend the pre school group two mornings a week*
- *Mum to be supported to breast feed*
- *Jos to receive help with his speech and language development*

We have discussed how things are going with the people who work with our family. These next steps are priorities for us at the moment

### Next step

*Mum and Dad to attend Sure Start Parenting Programme*

Who can help and how, where and when will support be given?

*Grandma to look after Jos and baby, whilst Mum and Dad attend Parenting Programme.*

*Family Support Worker to collect mum and Dad to take to venue for parenting programme.*

How will we know if it has made a difference?

*Mum and Dad will understand why the children behave the way they do, and will be more confident in managing the children's behaviour.*

Next step *Potty training*

Who can help and how, where and when will support be given?

*Health Visitor to advise and provide a routine for Jos. Mum, Dad, Grandma to keep faith with the routine*

How will we know if it has made a difference?

*Jos will become more aware of when he needs to use his potty and be dry more often*

## Next step

*Help Jos to settle at Playgroup.*

Who can help and how, where and when will support be given?

*Dad, Grandma and local sure start programme. Dad and Grandma to ensure Jos gets to and from Playgroup safely. Sure Start Programme to help family to write an 8 – 6 plan so that staff understand Jos better.*

How will we know if it has made a difference?

*Jos will make new friends, he will learn through play, and will develop his speech by talking to other children and staff. Staff will have an understanding of who Jos is from his first day*

## Next step

### *Breast Feeding*

Who can help and how, where and when will support be given?

*Midwife, Health Visitor, Support from local sure start programme. Provide support and advice on breast feeding including introducing mum to a breast feeding supporter via the sure start mentoring programme.*

How will we know if it has made a difference?

*Mum will feel comfortable and supported in breast feeding the new baby.*

We consent to our plan (or part of our plan) being shared with the following people:

*Sure Start local programme*

*Health Visitor*

*Midwife*

*Oldtown Nursery*

Signed:

Date: