

# Adam's One Page Plan for School

## Things we like and admire about Adam

*Great at football, Friendly, Cheerful, Trusting, Fun loving, Lively, Good Natured, Enthusiastic, Lovely smile, Great worker, Takes real pride in his work!, Very caring, Sensitive, Outgoing, Chatty, Fast!, Kind, Helpful, Easy going, Loves pleasing others!*

## Things to know about Adam:

- Adam needs to study a question several times before answering so he gets tired quicker than other children.
- His hand and arm become very painful if he has to write for any length of time.
- Adam loves playing football - it is his passion.

## How to successfully support Adam:

- People don't always realise that he is this age. Make sure you treat him as a teenager.
- Adam has difficulties swallowing, especially if he eats quickly or tries to chew large lumps. Chewing gum or sucking type sweets give him difficulties. If he does begin to choke, help him keep calm and take deep breaths. Don't pressure him to keep eating.
- It is important for Adam to be able to practice work set out for him by his speech and language therapist. Through the day it would be helpful if the classroom assistant could encourage Adam to use what he has learned.

## About his work:

- Make instructions and work easy to read and understand - try to use pictures rather than words or act out to communicate with Adam about what he has to do.
- Ask Adam to tell you in his own words what he has to do.
- Organise his work into manageable 'chunks' that he will be able to finish in the time available, Adam finds it really important to finish any piece of work he is set.
- Adam is very proud of his handwriting and will spend a lot of time and effort in presenting his work please be patient and allow him extra time to complete his work.
- If Adam is taking a test under the same conditions as the rest of the class he will need extra help:
  - additional time (1 ½ or twice as long if possible).
  - one-to-one help to explain the questions and writing down his answers.

## Finally:

Adam is usually a happy, outgoing young man. If this is not the case then it is clear sign that Adam is tired or not well. If you are concerned about him, please phone his mum. Her number is at the end of the plan.