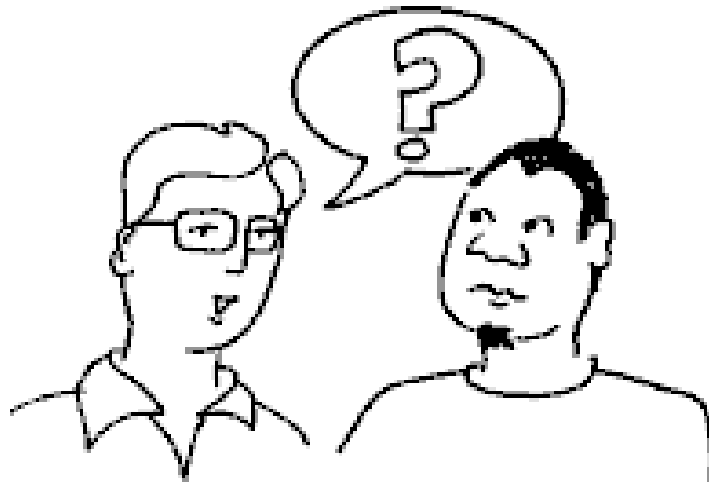
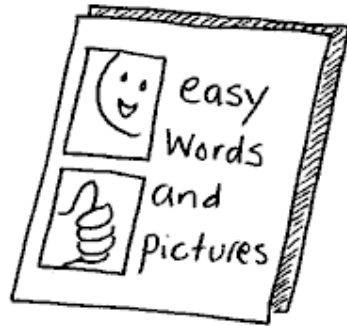


# Listen To Others



Complete one of these for everyone that you talk with

## Talking To Others: Recording Conversations



Name of the person you talked to:

What is your relationship to 'person'?

How long have you known 'person'?

How much time do you / did you typically spend with the 'person'?

What do you like most about 'person'?



What do you admire the most about 'person'

When was the last time you had fun together, what did you do?

What would be the 'person's' best day?

What would be the 'person's' worst day?

## Best Week Day Would Be

When first get up



## Week Day Right Now

When first get up



## Worst Week Day Would Be

When first get up



Best Week Day Would Be

During the day



Week Day Right Now

At night



Worst Week Day Would Be

At night



## Best Weekend Would Be

When first get up



## Best Weekend Right Now

When first get up



## Worst Weekend Would Be

When first get up



## Best Weekend Would Be

During the day



## Best Weekend Right Now

During the day



## Worst Weekend Would Be

During the day



Best Weekend Would Be

At night



Best Weekend Right Now

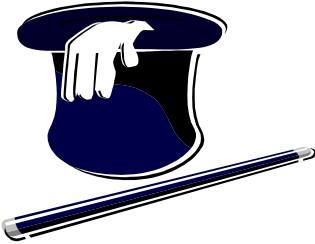
At night



Worst Weekend Would Be

At night

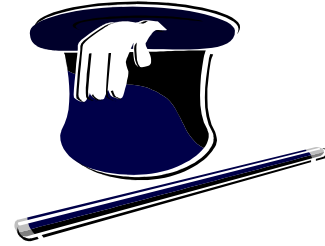




## 'Magic Wand' Questions

If you could wave a magic wand and help the person to have a great day / or week

What would the day be like?



If you had a magic wand that only did horrible things and you used it to give the person a really awful day / week.

What would the day / week be like?



### Top Tips - 1. 2. 3.

Imagine that you are supporting the person and you have an emergency that means you are suddenly have to leave.

The person who will 'fill in' has arrived and you have two minutes to give advice, suggestions, or tips about supporting the person, what would you say?

## Routines

Routines ease us through our days and help us mark special occasions. For each of the following questions, include as much information as you can.

- (1) List some of the person's routines of transition - what does he or she do every day when arriving at work / school / day centre?

When leaving home for work / school / day centre?

List arriving at work / school / day centre routines.

List leaving work / school / day centre routines.

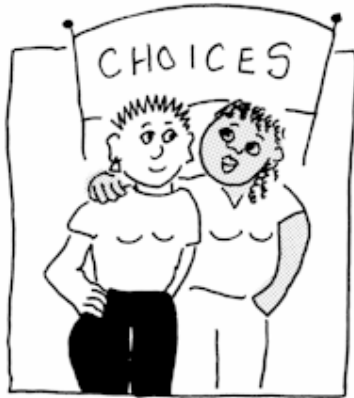
List arriving at home routines.

List leaving the house to go out routines.

(2) List any regular weekly routine (friends that are always visited, T.V. shows watched).



(3) List some of the person's routines of celebration and comfort. How does he / she like to celebrate when some good happens?



How does the person comfort him or herself when something unpleasant happens, how does he / she make him or herself feel better?



(4) List some holiday rituals - What has to happen on the persons birthday?



What foods have to be on the table at which occasions, eg. Christmas



What does he or she have to do during some holidays (eg. Go look at the Christmas lights)

## (5) Hopes and dreams for the future

What are your hopes and dreams for this person?

What would his or her ideal future be?

For example:

Where would he or she live? With whom? What kind of support?

What does he or she do during the day?

What would the individual do for fun?

Notes: