



Vi

What those who know Vi like and admire about her

She laughs so easily

The warmest person I know, you instantly care about her

She always lifts my spirits

You feel better for talking with her

A smashing character

Important to Vi

- Vi loves to go out, shopping in town, bingo, church,
- Having lunch at Harvey Nichols on a Monday.
- Going to the Mecca Bingo club, every Tuesday evening, on Oldham Road.
- Meeting up with Joan, Sandra & Kath at Bingo on a Tuesday, they love to have an hour in the café after bingo to catch up – this is the highlight of Vi's week.
- Going to St. Andrews Church every Sunday & meeting her friends afterwards at the coffee morning in the church hall.
- Sitting in her armchair in her front room for an afternoon nap or looking out of the window.
- Janine, her daughter who lives in Spain. Vi really looks forward to Janine's telephone call from Spain every Thursday at 6pm -
- Always to have her handbag with her.
- Reading the morning & evening newspapers which are delivered daily.
- Making out her weekly shopping list & that staff buy exactly what is on it – no more no less as Vi says!

How best to Support Vi

- Vi needs support to go out of her home & will be really disappointed if she is unable to go to church, bingo or shopping.
- She feels strongly that life shouldn't stop because she needs support to continue living at home.
- Reassure Vi that you will plan something with her for the following day if she is let down & cannot go out as planned.
- Going out is what matters most to Vi & should always take precedence over the cleaning & laundry.
- Vi requires support to get to church & bingo, also to get home but does not need any support once she has met up with her friends – just arrange the time you will pick her up.
- Monday 1pm – 4pm is favourite for going into town (Manchester) with Vi, Vi requires support for the whole afternoon & likes to be home for 4pm. She will buy a sandwich from Marks & Spencer for tea.
- Vi likes privacy when chatting with Janine, time your visit so as you have left by 6pm.
- Vi spends most of her time living in the kitchen – she keeps the back lounge for best & spends an hour (2pm – 3pm) in the front room most afternoons.
- Vi will tell you clearly how she likes her washing & cleaning to be done.
- Pay the paper money on a Tuesday when you go for Vi's weekly shop – Vi prefers you to go alone for her food shopping as she dislikes supermarkets. Ensure you follow the shopping list she prepares each week