

Charlotte's one page profile

What is important to me at work

My work life balance is critical to me. I love my work passionately but I segment my time clearly. When I am working (Mon to Weds) I am 100% there, but when Freya is around at the end of the week, I find it hard to engage and concentrate on work.

To have as few overnights as possible whilst Freya is still a baby.

Terry is away a lot and I must always have a back up plan for the kids if I am away.

To be well informed. I thrive on knowing the bigger picture and how I fit in.

That I can be me. That I am valued for my problem solving and practical common sense but forgiven for forgetting things sometimes.

I hate it if I think I have let people down. Please remind me before it is too late.

That I have people to talk to who can help me be creative. I don't create in a vacuum.

That people know I am terrible at getting cards into the post. I can buy them and even write them but they don't then always get posted.

What others like and admire about me



Creative
Full of energy
Wit and charm
Oozes integrity
Insightful thinker

How best to support me

Know that I have a faulty idea of how good my memory is. I do not take offence at being reminded of things I said I would do. Emails rather than telephone calls help me remember.

The dyslexic bit of me means there are things I have picked up about how I do things.

I struggle with how inflexible my childcare is at the moment. It is really hard for me to change my work days and work on Thursdays and Fridays and this frustrates me. Please understand that I would like to be more flexible but can't.

Telephone me sometimes, I do like to talk to people sometimes but am not very good at telephoning, I get sucked into the convenience of email too often.

If there is too much going on at once, I lose my ability to be organised and flap inefficiently. Better catch me at a quieter moment.

If I start getting lots of migraines, ask me if I am getting regular exercise and keep the alcohol away from me, it aggravates them.