

TAMMY'S ONE PAGE PROFILE

WHAT IS IMPORTANT TO ME

BEING A PART OF A TEAM IN WHICH ALL MEMBERS AND IDEAS ARE VALUED

HAVING TIME TO PREPARE FOR PROJECTS AND TRAININGS

HAVING CLEAR EXPECTATIONS AND DEADLINES

TO HAVE ENOUGH KNOWLEDGE TO DO A JOB WELL

HAVING BALANCE BETWEEN WORK AND FAMILY/FRIENDS

BEING GIVEN TIME TO THINK WHEN WORKING

HONESTY ABOUT MY WORK—I WANT TO KNOW THE TRUTH!



WHAT PEOPLE LIKE AND ADMIRE ABOUT ME

DETERMINED
CARING
ORGANIZED
FLEXIBLE
OUTGOING

HOW BEST TO SUPPORT ME

I AM DEAF IN MY RIGHT EAR, IT IS OKAY TO LET ME KNOW IF I HEARD YOU WRONG. BE PATIENT IF I NEED TO ASK YOU TO REPEAT YOURSELF

I AM A VISUAL LEARNER....IF I CAN SEE IT—I CAN DO IT!

I WILL OVER-COMMIT MYSELF—DEADLINES AND CLEAR, WRITTEN EXPECTATIONS WORK WELL FOR ME

I NEED BREAKS/TIME ALONE TO THINK WITH COFFEE OR DIET PEPSI AND A QUIET SPOT

IF I DO SOMETHING THAT HURTS OTHERS, IT IS NEVER INTENTIONAL. HOWEVER, LET ME KNOW SO I DO NOT DO IT AGAIN

I AM VERY STRUCTURED ABOUT MY TIME AND NEED OTHERS NOT TO BE ANNOYED BY THIS, YET, I AM FLEXIBLE WHEN OTHERS ARE NOT AS STRUCTURED

IF MY WORK IS NOT HIGH QUALITY, OFFER SUGGESTIONS TO IMPROVE WITH EXAMPLES OR IDEAS