

Julie's one page profile

What is important to me at work

Working alongside others who are passionate about what they do and developing ideas.

Being part of a team where my unique contribution and gifts are valued.

Being respected for who and what I am and not being judged for my decisions in life or in my lifestyle.

Continuing to work alongside individuals and their families.

Working with big-minded people; those who are open to seeing capacity in others and situations and who can see beyond the obvious.

Being part of exciting and challenging developments; getting opportunities to use my creativity. I love the buzz of a new project and putting my all into it.

Being part of effecting positive change for people.

Doing serious work in a fun way!

Having fantastic materials and equipment to share information.

Having trusted people around me who will help me to reflect on what I am doing.

What others like and admire about me



How best to support me

I am always eager and excited about new things. As a result, I am quick to pursue projects and new directions. The closing details of a project can be mundane to me and often gets overlooked for the opening details of new projects. Gentle reminders and working alongside people who complement my style really helps.

I can be overly self-critical and negative about my contributions or inputs. I need others to be honest with me, I don't want to be told what I am doing is great when it isn't. This needs to be addressed in a way that acknowledges my overall skills and talents.

Help me to meet my family's needs first by understanding that there are times when work may be put on hold or lose its priority for a while.

A cup of tea cures all ills for me, I will rarely refuse one when offered.

Sometimes I need to talk something through in great depth, this may be frustrating for others but it helps me make sense of things, indulge me, it has a purpose.

I am not good at saying when there is something that is bothering me; if you sense that something is bothering me, just ask me. I find it easier to be truly honest when I am asked things directly.

I tend to take on too much and find it difficult to say no to things that I have an interest in. Try to help me be realistic about what I can do by being specific about what is involved and highlighting the timescales required before asking me to agree to something.