

Julie's one page profile



What others say they like and admire about me...

- Always an encourager, makes people feel at ease
- Recognizes and acknowledges people's strengths
- Dedication to professional growth
- Unbashful excitement over new things
- Not afraid to stand up for people, passionate and intense
- A visionary, big picture thinker, an idea person
- Ability to take a direct approach when a disagreement occurs
- Proactive problem solving of real issues
- Outgoing, enthusiastic, and great energy

What is important to me at work...

- Hearing stories about the great things that are happening in people's lives as a result of person centred practices
- Ongoing learning and how it keeps me energized and excited
- Taking on new projects, exploring the unknown
- Focusing on the possibilities and what we are trying to accomplish
- Being surrounded by people who are positive and as excited as I am about the task at hand
- Having quiet, uninterrupted time to get my work done
- Meeting face to face, videoconferencing or talking on the phone rather than email when possible
- To have time to ponder before making significant decisions

How to best support me...

- Give me deadlines as I obsess about things having to be complete or perfect before I share them with others, deadlines force me to let go
- My enthusiasm gets the best of me and I sometimes underestimate how much time is needed to complete tasks as if you notice this, help me be realistic with target dates
- Keep information short and to the point as I retain more information when it is concise
- Memos, notes or emails work best in terms of requests or reminders.
- I always appreciate help when it is offered to me because I often worry about imposing on others and therefore I don't always ask for help when I need it