

What people like and admire about me at work...



- ✦ Lots of energy in life and work
- ✦ Very motivating for others
- ✦ Engaging
- ✦ Supportive
- ✦ Empowering
- ✦ Full of ideas
- ✦ Innovative
- ✦ Enhance other people's lives
- ✦ Genuine
- ✦ Full of Zest

What is important to me in my work...

- ✦ The feeling of a job well done
- ✦ Harmony
- ✦ My name – to have a good reputation
- ✦ Flexibility to work the hours that work for me
- ✦ To be in the know of what is going on
- ✦ Helping people to be "okay" while they go through life challenges
- ✦ To have very capable work companions who can "take care of business"
- ✦ To do work that I enjoy and that I am good at



How best to support me in my work...

- ✦ To be honest & straight forward with your ideas & thoughts especially if they contradict with my own
- ✦ To give me deadlines as I am a recovering procrastinator
- ✦ Let me give voice to the energy I am feeling but don't let me exhaust you when I am in an energized mood
- ✦ Check in with me when you haven't heard from me for awhile, I am working with other things and time passes without checking in with you