

Jo's one page profile

What is important to me at work

That you know my family is my first priority but my work is also a very high priority and I will strive to achieve a balance between the two. I will tell you if I feel our work is causing an imbalance and seek your help to address this.

To have thinking partnerships! My best thinking comes from them - I do all my thinking externally, which means I have to talk things through with people. If you want creative thinking from me then think with me!

To try out an idea or concept before I can truly understand it. Therefore if you have an idea I am your woman for trying it out.

To be involved. I don't like to feel left out of anything, so please always ask me if I want to do something. I will be interested to know what you are doing and might even want to be involved!

What others like and admire about me



How best to support me

I find facing conflict or difficult situations very hard and sometimes I need support to think through how I might approach whatever I have to face. Please ask me what you can do to support me.

Please tell me in a gentle way, if I have done something wrong or if I have offended you in any way.

I am not always good at saying no, so if it's something less important and you are mentioning it because you know I may be interested but you have an inkling I may be doing too much, challenge me as to whether I have the time to be involved. It helps if requests are via email as I can think about them without feeling pressured.

I need to have realistic deadlines set for all my work. I will tell you if I don't think it is realistic. I will deliver against an agreed deadline but it will often be right up to that deadline. I work best under pressure, but not constant pressure!