

## HOPES + FEARS

hopes



### KIRK'S Hopes:

- Always be close to my son and daughter!
- Stay strong for my family and to ALWAYS keep a smile on my face.
- Keep my pain under control & that on a scale of 1-10, my pain will range no more than a 4 for an entire day -that would be nice!
- To always be blessed with my family's love & support, everyday.
- Medications continue to do what they need to do-but less would be nice!
- To travel soon to see my mother and mother in law in different parts of the country.

fears



### KIRK'S FEARS:

Taking more medication.

That I am as good as I am going to get!

I don't want to lose my eyesight or have more eye surgery - although it may be necessary to save my eyesight.

Having a change in doctors -I have built a trust and mutual respect with them.

To have a day with no laughter.

next steps...

- Keep smiling & laughing-no matter what!
- Stay on track- follow Dr. instructions

