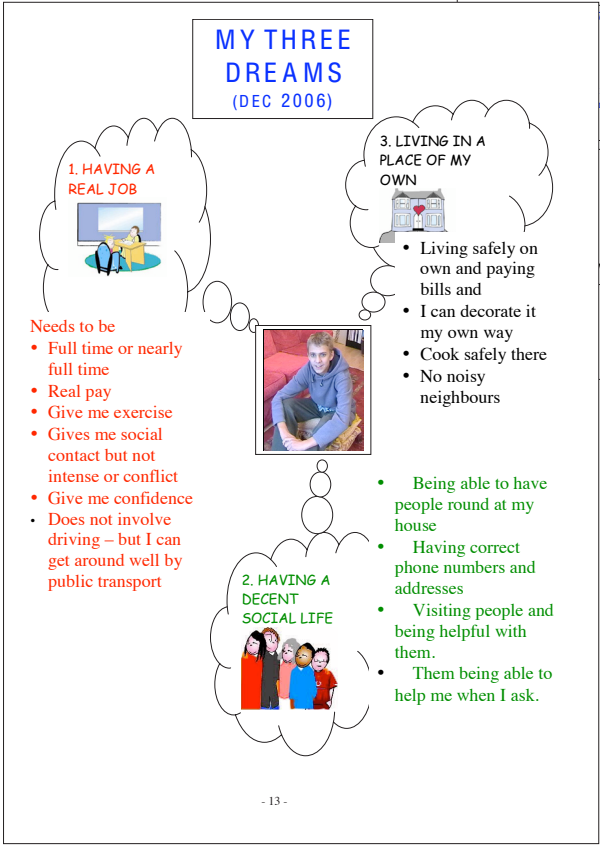
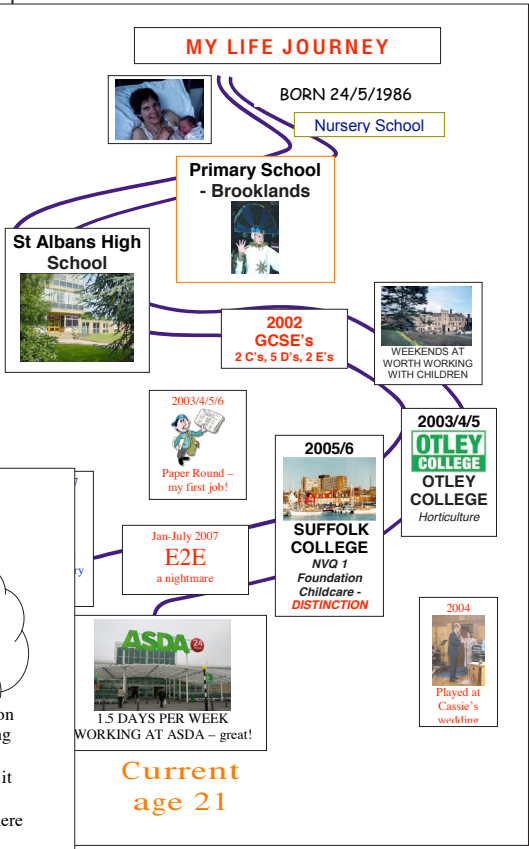
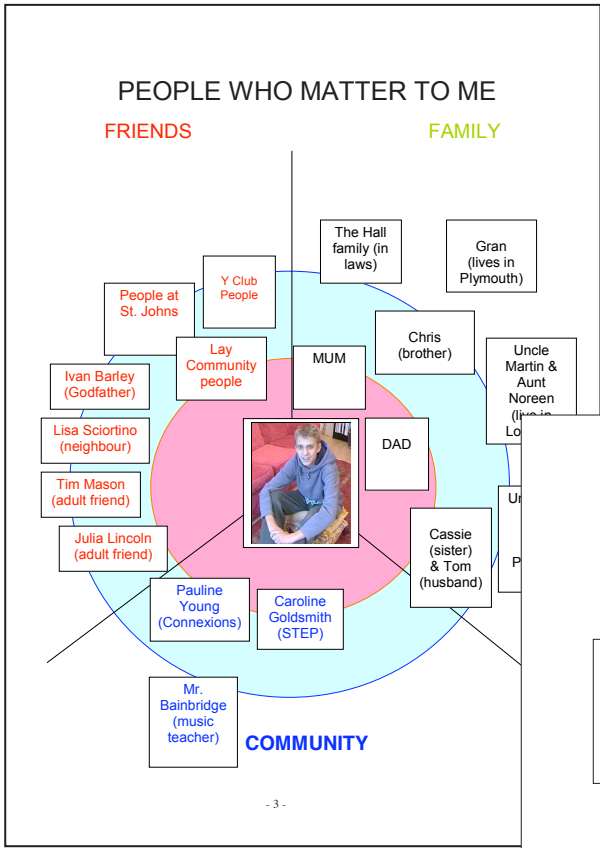


Extracts from Tim's Person Centred Plan



Understanding Tim

I am Tim Serpell.

I'm very friendly, I try to be polite and cheerful and to help people, and I love working with children.

I also have something doctors call Aspergers Syndrome, which is one form of autism. That is why sometimes I don't react like other people.

For example, I am extremely honest. This means I'll never cheat people and I don't easily tell lies. But it also means I can surprise or shock people because I am not good at hiding what I'm thinking! If this happens please don't be offended with me, I never mean to be rude or to hurt people!

I may also laugh when something serious happens, such as a misfortune. This is another Asperger's thing, but it does NOT mean I don't care about people or that I don't understand about safety. I do.

I can also find it hard sometimes not to argue, especially if I think I already know something. But if you know I'm wrong about anything, please keep telling me, nicely but firmly. It is ok to be firm., and being firm will help me too.

Thank you.

Things I do when I'm feeling good

ACTION	IT MEANS
Walk in a bouncy way	I am in a happy mood
Don't wait for someone to finish but dive straight in	Usually means I am enthusiastic to get on with it! - but please be firm if my timing is inappropriate, or if I haven't understood fully
Put an arm round someone's shoulders	Showing friendship or affection. I am NOT being sexual or violent

Things I do when I'm feeling anxious

ACTION	IT MEANS
Hold my hand up, palm out - "stop" signal	Stop, I want to have my say - you may need to be firm if I really need to wait
Unexpectedly raise my voice in a conversation	This usually means I'm feeling anxious, not angry - you may still need to remind me to use a gentle voice
Rub my own forehead or clasp my head in my hands	This can mean it's all getting too much for me - please just explain things simply and gently
Bite my own hand	This means I'm feeling frustrated or upset and unhappy. Please be patient and understanding

Good Things



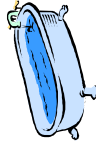
- Getting to know the neighbours



- Very spacious



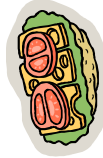
- Privacy



- Washing myself once a day



- No bouncing



- One main meal a day, which needs to be planned in advance



- Cleaning up as I go



- After 15 days of good cleaning I will get a shower!

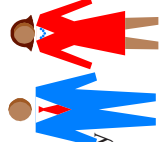
Things To Improve



- Timetable not working. Dad will provide a special alarm clock



- Caroline/Mum is going to help with a list of jobs



- Remember to put customers first when working at Asda and the library



- Pay close attention to the amount of money in accounts



- Play clarinet when neighbours are at work



- New library placement! Caroline has fixed this up and Simon will help me.

Working/Not Working For Tim

What's working and not working for Tim

What's working	What's not working
Tim's view	Tim's view
Paid part-time work in ASDA	Wishes ASDA would offer more hours
Work placement at the library	Would love further work especially a real paid job at a library
Having own flat is great	Want a shower installed
Social life with family and friends	Some people are hard to reach
Going to church	When people get cross including mum and dad
Travelling independently	Other people not following my rules
Buying own choice of clothes and furnishings	
	Incapacity Benefit – I want to get off it and have a full-time job
Family's view	Family's view
Work at ASDA – especially since Tim's post was made permanent	Not enough support hours for Tim
Work placement at library, has really broadened Tim's skills	Recent job applications. Some interview processes are virtually impossible for anyone with Asperger's, eg group exercises with the other candidates based on imaginary situations.
Tim's flat and independent living, with strong support from parents living very close by	Floating Support – although a vulnerable adult, Tim has received no practical support or visits from any support agency since moving into his flat
Staying in touch	Tim is not always on top of keeping his flat clean
Tim's network of supporters, especially the members of his circle of support; ASDA and the Library placement are both due to the efforts of these personal supporters	Formal Entry to Work schemes – so far these have failed to provide Tim with a single genuine work placement, let alone a job opportunity, in 18 months.
Independent travel	Getting up on time – Tim has sometimes been late for work as a result
Access to some state benefits, with family and friends helping Tim to find and fill in the complex forms	
Self-confidence and growing independence	Money still needs careful watching