

What people like and admire about Adam...

Adam is great fun to be around, handsome, has a gorgeous smile, he's a poet!, the best big brother, he is loving, kind and thoughtful, a talented welder, a wonderful son and brilliant Uncle.

What's important to Adam...

To have enough money to pay his bills and to enjoy his leisure time with his friends.

Adam has a close circle of friends from his local pub and pool team, who he's sees 3 - 4 times a week.

To play in pool tournaments with his local pool team once a week.

That his Dad and family 'but out' of his relationships and friendships.

That Adam is respected by his family.

Adam enjoys having family meals with Tom, his Step Mum Eve and younger brother Peter.

We do this at least three times a week.

To have good health and be seizure free.

To see his Sister, Brother-in- Law, Niece and Nephews once a month.

Not to talk about his Mother at all. Adam will talk with Tom and Eve about this, but prefers not to discuss her at all.

Adam loves extra hot curry and spicy foods generally; he also loves Eve's roast dinners!

Adam enjoys a pint or two (or three!) of bitter with his friends in the pub, or a glass of red, white or rose wine with his family meals.

What's important to Adam for the future...

To maintain his tenancy. This requires Adam to behave according to his tenancy agreement and ensure all his bills and rent are paid on time

To self-manage his monies. This currently requires lots of support from Tom and Eve.

To have great health and be seizure free. To look at the possibility of driving once Adam has been seizure free and mentally well for 12 months since his last seizure.

To be in a long term relationship.

For Adam to find peace in his relationship with his Mother

What's good support looks like to Adam...

Adam has epilepsy, which requires him to take his medication twice a day (10am and 10pm).

Adam self-manages this, but needs support to request further medication BEFORE he runs out. Adam prefers to go with Tom or Eve to drop off his repeat prescription.

Adam has his epilepsy monitored closely. He sees a Neuro Consultant once a year and has blood tests taken at least every 3 months to check his medication levels are at their optimum therapeutic levels. Adam's Dad Tom always attends these with him.

Adam needs prompting to maintain his personal care routines.

Whilst Adam is a very independent man, he needs lots of reassuring support with most areas of his life; in particular with managing his monies. This includes constant and on-going support with household bills, responding to letters from the Benefits Agency and any banking matters.

Adam does have mental health issues, which requires the practical and emotional support of Tom and Eve.

Eve and Adam spend time together at least every 2 weeks catching up and checking out how both Adam's epilepsy and general mental well being is.