



## PERSON CENTRED APPROACHES IN SCHOOLS

This twelve day programme for all schools accommodates up to thirty people including staff, allied professionals and family members. The course begins by working with the leadership team to define changes. Over the next eight to ten months we will work with the leadership team to develop systems enabling children's voices to be fed into the school development plan. We will work with staff to enable them to use a range of person centred thinking skills and tools in their every day work. We will train staff to facilitate person centred reviews and help them explore opportunities for personalised learning and look for ways to maximise opportunities for students to exercise choice and control. The programme ends by sharing progress and identifying next steps.

### **Day 1: Where Are We Now? What Do We Want To Change?**

#### **Who is it for?**

The senior leadership team (e.g. head teacher, deputy/assistant head, head of post 16, governors).

#### **What is the content of the day?**

- National and local context for this work.
- Mission statement - what are your aims and values?
- Establishing a base line - what is working and not working around personalised learning? How are the views of children fed into the development and delivery of the curriculum? How do children's views inform the school development plan?
- Establishing success indicators - what do you want to get out of the programme, and how will we know if we have been successful?

#### **Supporting materials**

Developing Person Centred Approaches in Schools handbook.

## **Day 2: Person Centred Thinking Training**

### **Who is it for?**

All staff, allied professionals and family members.

### **What is the content of the day?**

What is person centred thinking and how can it help us?

How person centred approaches link to current policy and trends in children and young people's services.

What are the differences between person centred thinking, person centred planning and person centred reviews? How can we bring these processes together to enhance the lives of children and young people?

Learning and practising some of the person centred thinking skills and tools.

Setting individual/team actions around next steps in developing the use of person centred thinking skills and tools in your roles and daily practice.

### **Supporting materials**

Person centred thinking for schools and nurseries minibook.

Best Practice in Schools - Using Person Centred Thinking with Children and Young People information pack.

A summary of Possible Uses of Person Centred Thinking Tools in Schools and Nurseries.

## **Day 3: Person Centred Thinking Training**

### **Who is it for?**

Up to thirty staff, allied professionals and family members.

### **What is the content of the day?**

Exploring the importance of acting on what is learned from using person centred thinking skills with children and young people.

Learning and practising some more person centred thinking skills.

Developing your own one page profile.

How to build on the information that is learned from a one page profile and develop this information into a person centred plan or support plan.

Setting individual and team actions around next steps in developing the use of person centred thinking skills and tools in your roles and daily practice.

## **Day 4: Person Centred Review Training**

### **Who is it for?**

Twelve staff, allied professionals and family members. Participants need to have attended the 2 day person centred thinking and skills course.

### **What is the content of the day?**

What are person centred reviews?

What needs to be in place to have a meeting about our lives?

Preparation for a person centred review.

Creative problem solving.

Live person centred review with one of the course participants.

The value base, characteristics, roles and responsibilities of a person centred review facilitator.

Top tips for facilitation.

Action planning next steps.

### **Supporting materials**

Person Centred Review Participants pack.

Person Centred Review minibook.

## **Days 5 - 10: Coaching**

### **Who is it for?**

Twelve staff, allied professionals and family members who have completed all three days training (person centred thinking skills and person centred review facilitation). It is recommended that participants work in pairs - six days of coaching time is offered to the twelve course participants.

### **What is the content of the day?**

Working in pairs, course participants will organise and co-ordinate two person centred reviews (preferably on the same day). Each pair of facilitators will identify two young people who are interested in having a person centred review and assist in preparing the young person, in conjunction with their family, friends and professionals involved in their review.

The coach will identify with the facilitators how they can best be supported throughout the day. The coach needs to observe each participant facilitate two person centred reviews - one where they are facilitating, the other review where they are supporting the facilitator.

During the coaching day each facilitator will receive supportive feedback from their coach and tips around their development.

## Day 11: Developing a Person Centred Curriculum

### Who is it for?

Senior leadership and teachers with an interest in developing personalised learning opportunities.

### What is the content of the day?

Current trends in curriculum development.

Identifying ways in which school currently personalises learning.

Linking the curriculum to key policies such as Every Child Matters and the Six Keys to Citizenship.

Curriculum development and OFSTED.

Using person centred thinking tools to evaluate learning and practice.

## Day 12: Reflections

### Who is it for?

Senior leadership team.

### What is the content of the day?

What have we achieved?

How did we do in achieving the success indicators?

What are the issues that have emerged for the organisation to explore.

Action planning - next steps.



[lorraine@helensandersonassociates.co.uk](mailto:lorraine@helensandersonassociates.co.uk)

[pippa@ibkinitiatives.com](mailto:pippa@ibkinitiatives.com)