



Medication Care Profile for Tom Drake

How best to support Tom

- Qualified nurse to administer medications to Tom at the time indicated on his MAR sheet.
- Tom prefers to have his morning medications at 7am as he gets up early for his shower and has an early breakfast
- Tom will either take the medicine pot and tip the tablets into his mouth or he will turn his left palm up ready for the tablets to be tipped into his hand.
- Know that Tom rushes and will sometimes drop tablets onto his lap, watch for him dropping tablets and pick them up for him without making a fuss as this would embarrass him.
- Sometimes Tom says he doesn't need his movicol, but needs to be encouraged to take it as he will become constipated very quickly without it. If the nurse explains this to Tom he will agree to take it
- Tom prefers to have his evening tablets directly after his tea, before 6pm as he goes to bed early to read and listen to his radio – must be Radio Four.
- If Tom gets cold symptoms he likes to have two paracetamol and occasionally some simple linctus.
- Know that Tom will become very anxious if you are late giving him his medications but would never come & ask you for them.
- Tom worries he may have a relapse in his health, it works well to reassure him he is having 3 monthly checks ups & taking the best possible medication.
- Tom enjoys talking about his many years spent in the army and his stories around his war work are fascinating