

- Qualified nurse to administer medications to Joan at the time indicated on her MAR sheet
- Nurse to check blood sugar prior to administering Joan's insulin twice a day
- The nurse needs to put the tablets/medicines into Joan's mouth as she is not able to take them herself. The nurse must check that Joan has swallowed each tablet before giving her another one.
- If Joan is struggling to take her tablets then the nurse must ask her GP to prescribe syrups for her.
- Always give Joan a drink after she has swallowed her medicines in order that she doesn't get a sore mouth – Joan loves a glass of fresh orange with her breakfast meds, unsweetened tea with a drop of milk is favourite at other times.
- Joan needs 4 pillows propped comfortably around her so as she can look around the room – she detests lying flat ever!
- Spend 5 minutes massaging Joan's hands & chatting with her after you have given her medication to her – favourite topics are her years as a nurse or football – her team is Man United.
- Talk to Joan about the days news when you are with her too, she loves to hear about current affairs.
- Even if she does not appear to hear you – know that when she is well Joan has said she can hear people when she is having a bad day & may appear unconscious - she is not!



Medication Profile for Joan Timms