

# Medication Care Profile For Jane Thomas

*How best to support Jane.*



- The qualified nurse to administer Jane's medication to her at the times indicated on her MAR chart.
- Jane has her medication in tablet and liquid forms. Her aspirin should be mixed with a small amount of liquid and mixed with her Sodium Ferredetate.
- When you offer medications to her she may refuse them and tell you to p\*\*\* off. It is best to accept her refusal, withdraw and retry after a 15-20 minute period – when you go back in ask Jane what has been happening on Emmerdale – she loves to talk about the show, once Jane appears relaxed try offering her medication again more often than not she will take it on second attempt.
- Jane's tablet should be placed onto the palm of her hand she will then ask what she is to do with it. Calmly ask Jane to put the tablet in her mouth and offer the liquid medication for her to wash it down, she may need reminding to swallow. Mime the actions yourself if she looks unsure. Do not rush her. Try not to make small talk during this as she needs to concentrate and talking will confuse her. Afterwards thank her and let her know how much you appreciate it when she takes her medications without shouting at you.
- Qualified nurse to liaise with Jane's GP if her appetite and mood become depressed or she sleeps excessively as this may indicate that the dose of her antidepressant may need increasing or that her iron levels have depleted.