

one page profile



Gill

What others like and admire about me

- Depth of knowledge
- Makes it real with stories from her experience
- Real clarity around what is being shared
- Grounded
- Has great integrity, walks, the walk

What is important to me at work

- Our team meetings - having chance to catch up with colleagues and hear about latest developments.
- To check my emails daily and respond within 2 – 3 days.
- To be organised and know what is in my diary so I can plan. I love to achieve a good few things on my to do list each day.
- To also work in services and spend time directly with people who are supported.
- That my HSA work benefits my employed role with an external provider and vice versa.
- To keep the enthusiasm flowing by continual learning and seeing positive change for people.
- That people are honest with me, I loathe duplicity.
- Not to have so much to do that I feel panicked or overwhelmed.
- To have clarity around what is expected of me, and have time frames and complete work by the set date.

How best to support me at work

- Know that I prefer to have time to plan in advance whenever possible.
- I have a 'to do' list at all times and tick things off as I do them. If you ask me to do something make sure I write it down.
- I do not think well on my feet. Whenever possible, give me notice in advance if you want me to think something through with you.
- Know that I have to prepare to the finest detail which can be problematic as there are never enough hours in the day. This is something I am working on.
- Communication by text, mobile or email works for me, though I appreciate it if phone calls can be before 8.00pm.
- Give me clear travel instructions to meeting places - I must not be late.
- Be clear if you want something from me; detailed emails work best.
- Know that I over commit myself. If you are asking me to do something check with me that I have thought it through. I often say yes without giving good attention to what is being asked.
- If I contact you whenever possible respond to me within 5 working days.
- Although I am a confident person I will feel uneasy if I sense I have upset you in any way. I would rather people were open and honest if I have offended them.