

Friendship and community

This is an 8 day programme for 20 staff and can be support workers or first line managers. Champions need to be come in pairs from the selected services whenever possible. It begins by defining the changes that you want to make - for people supported and for the services involved. Over the next 7 days we work with the champions and their managers to enable them to use community connecting tools and the “in Community” standards with people supported and the services providing support to identify and action opportunities in the community. It ends by sharing progress, examples and learning with senior managers, and identifying next steps for the organisation.

The programme runs for 7 – 12 months

Day 1

Where are we now? What do we want to change?

Who is it for?

We begin with a day for the champions, their managers and other senior staff. (maximum 35) 1 day with leadership team: person commissioning the work, senior manager, champions (cross representative of people with from the different services working in).

Purpose

To look at where we are now with community connecting using the in Community Standards
To develop an action plan that builds on what is going well, and addresses what is not working, and the implications of this for the training and the champions.

What is the content of the day?

- What is working and not working for people supported, staff and managers in relation to people having unpaid friendships and relationships.
- What is the national and local context for this work.
- What does success look like at the end of the 8 day programme - for people supported, and for staff and teams.
- How will we know whether we have been successful (specific success indicators).
- What are our roles and responsibilities in relation to the programme.
- An introduction to the community standards.

Days 2 and 3

Using community connecting training tools to achieve success

Who is it for?

The 20 champions and their direct line managers.

What is the content of the day?

- What is community.
- Matching staff.
- Community mapping.
- Exploring roles and responsibilities.
- Using networks.
- Building on capacity.
- Intentional bridge building.
- Connecting and contributing.

Day 4

Using person centred approaches to support community building

What is the content of the day?

Managers choose one of the following options:

- Positive productive meetings.
- Person centred supervision.
- Creative problem solving.

Day 5

Person centred risk

What is the content of the day?

Participants will address risk issues using a person centred approach which focuses on the following headings:

- Purpose - What are we trying to achieve? How can we use this process to enable the person to have choice and control in their life and to develop natural friendships and relationships.
- People - Who needs to be involved to achieve this?
- Process - What is the process for thinking about the person and what needs to change in their life? How can we record this? How can we put our actions into practice?
- Progress - How can we review progress?

Supporting materials

Person centred risk course book.

Days 6 and 7

What is the content of the day?

- Two days for challenges and celebrations with champions (one day every 6 weeks) - supporting them to implement the tools and to develop community connecting locally.
- Developing individual action plans.
- Utilising the standards evaluate to ongoing progress.

Supporting materials

Friendship and community minibooks.

Day 8

How did we do? What changed? What next?

Who is it for?

Everyone who attended the first day - all 20 champions, their managers and other senior staff (maximum 35).

What is the content of the day?

- What have we achieved - examples of changes for people supported.
- How did we do in achieving the success indicators?
- What are the issues that have emerged for the organisation to explore.
- Action planning next steps that address these issues and build on success.

Costings

The costs for consultancy and materials will total £7865.

This includes the a copy of the Friendship and community mini book.

This does not include: VAT, Carriage of materials, and trainers travel expenses.