

# How are you doing?

## Delivering what good looks like in care and support planning

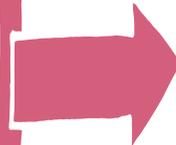
### Statement

### How are you doing?

### Next steps

What could we do next to build on what we are doing and deliver what good looks like for everyone?

I am trusted to write my own care and support plan – with whatever help I need



✓ Tick this if not happening at all

✓ Tick this if confident this is everyone's experience, all the time

1 2 3 4 5

My care and support plan is about the whole of my life, not just about assessed needs or money



1 2 3 4 5

I am encouraged and supported to think creatively about ways to achieve my outcomes



1 2 3 4 5

If I need help to plan, I can choose who supports me through the process and to put the plan into practice



1 2 3 4 5

People who support me to plan have a flexible, open, honest, positive, solution-focused attitude



1 2 3 4 5

## Statement

## How are you doing?

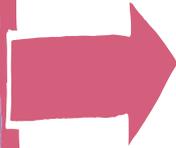
## Next steps

What could we do next to build on what we are doing and deliver what good looks like for everyone?

✓ Tick this if not happening at all

✓ Tick this if confident this is everyone's experience, all the time

I can involve friends and family if I choose



1 2 3 4 5

I have all the information I need to plan, when I need it and in an accessible way, including signposting to what is available locally



1 2 3 4 5

I am supported to take risks, and know it is OK to make mistakes and change my mind



1 2 3 4 5

The process from assessment through to review is transparent and clear. I know what to expect and when to expect it, and people do what they say they will do



1 2 3 4 5

My review is person-centred, focused on me and my life, my outcomes and what is working and not working, - not just the money. Through my review I can contribute my views to improving the system as well



1 2 3 4 5