

How I communicate with you - Madge

At this time

Anytime.

Anytime.

When I am going out.

At mealtimes.

When I do this

Lie on the settee with my eyes closed.

I say I am going to have a shut eye.

Ask shall I take my wheelchair.

Play with my food.

It means

I have a bad head or just feel off.

I am tired and want you to go but please don't be offended.

I am feeling a bit jittery.

I don't want it.

You should

Leave me be. I just need some quiet time.

Understand I simply need a rest to recharge my batteries and we can catch up another time. I will usually give you a call the following day.

Help me into my chair or put it in the car.

Do not pass comment or offer me a hundred other things - just leave it.